

Kundalini Meditation

Keri

Giovedì 19.00-20.30

Gennaio 24

Febbraio 7, 21

Essential Practice

Courtenay

Sabato 10.30-12.30

January 12

February 16

March 23

Candlelight Yin

Babetli

Domenica 17.00-18.30

Gennaio 13

Febbraio 10

Marzo 17

Essential Education

Courtenay

Friday 13.15-15.00

January 18

February 22

Elemental Yoga & Essential Oils

Amy

Sunday 10.00-12.00

January 20

February 17

March 17

April 7

Foundations of Yoga

Martin

Saturday, February 2

10.30-12.00

Essentially You: Personality Type & Essential Oils

Jane & Courtenay

Tuesday, February 19

19.45-21.00

Saturday, February 23

10.15-11.30

Radical Love: Yoga & Self-Care

Courtenay

Thursday, February 14

11.00-15.00

Women's Circle

Sunday 15.30-18.00

January 20

February 17

March 24

doTERRA Team Meeting

Monday 12.30-14.00

January 21

March 25

Teacher's Practice & Sangha

Saturday 15.00-17.30

January 26

February 23

SPECIAL EVENT

Soul Sessions: Desire Map & Yoga

Sandra & Courtenay

Saturday, March 16

9.30-17.00